

## **NEW BOOK EXPLORES EFFECTS OF DEPLOYMENT TO IRAQ AND PTSD ON AMERICAN FAMILIES**

*Friends for Life: Strangers Brought Together by the War in Iraq*

Bloomington, Indiana, May 10, 2009 – A new non-fiction war story told through the voice of two women chronicling the experiences and emotions of a yearlong deployment to Iraq is now available. Patti, the mother of Army medic Jon, and Jennifer, sister of infantry soldier James, forge a friendship back home as their soldiers fight to stay alive in one of the most dangerous cities in Iraq. After meeting online, Patti and Jennifer joined forces to support their soldiers and comfort each other while their boys battled with the infamous Deuce Four Stryker Brigade in the fierce fight to secure Mosul, Iraq.

Though the two women were separated by thousands of miles, age, and interests, they were drawn together by shared terror and the overwhelming desire to communicate with and comfort their soldiers. This memoir contains actual emails and instant message communications with the soldiers, offering a unique and intimate look into the deployment.

Using a simple, easy to read writing style, this work illuminates both positive and negative aspects of a modern day deployment. From surviving the loss of friends, to understanding military operations and dealing with PTSD, this book also serves as a resources guide for veterans, military families and anyone wishing to support the troops.

*Friends for Life: Strangers Brought Together by the War in Iraq* is available for sale direct from the authors' website, <http://www.FriendsforLifebook.Weebly.com>, at Amazon.com, and through additional wholesale and retail channels worldwide.

### **ABOUT THE AUTHORS**

Jennifer MackInday lives in Bloomington, Indiana, with her husband and son. She attended Indiana University and has spent much of her career in advertising and marketing. Jennifer is a freelance writer and the owner of several successful enterprises.

Patti Donahue splits her time between Amado, Arizona, and Sandy Island in Ontario, Canada. Patti has successfully balanced her family life and career as a corporate Director. Having worked more than 16 years in Mexico, she often describes herself as a true NAFTA woman. *Friends for Life* is her first published work.

### **MEDIA CONTACT**

Jennifer MackInday, 812-360-7288  
Patti Donahue, 520-403-4276  
Email: [info@sandyislandpress.com](mailto:info@sandyislandpress.com)

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